



## **Desire and Intimacy: The Art of Passionate Play**

### **Couples weekend retreats presented by Indrus Piché, MA Psy-RCC and Ron Postl**

In our hectic lives we often fail to attend to the very thing we value and long for the most, real connection and an authentic loving relationship. Give yourself, your partner and your relationship the chance to begin living the dream you once had, and still hold, for the promise of living an awakened relationship.

We believe an important aspect of human nature is the longing for more connection. This program offers relationships an opportunity to move from complacency to a deeper understanding of intimacy. There is no explicit sexuality or nudity in this program. We welcome all couples, heterosexual and same sex, to these weekend workshops.

**Friday, October 14 – Sunday, October 16**  
**\$300 per couple (including HST)**

Stowell Lake Farm  
Saltspring Island, BC

[www.stowellakefarm.com](http://www.stowellakefarm.com)

**Friday, January 20 – Sunday, January 22**  
**\$300 per couple (including HST)**

Sleeping Dog Retreat Centre  
Saanich, BC

[www.sleepingdogfarm.ca](http://www.sleepingdogfarm.ca)

#### **OPEN EVENINGS FOR COUPLES AND SINGLES**

**7-9 p.m.: Friday, Oct. 14 (Stowell Lake Farm); Friday, Jan. 20 (Sleeping Dog Retreat Centre)**

Introductory talk on sacred sexuality, the nature of desire and intimacy, emotional and physical relationships. Question and answer period. \$10 per person or free to retreat participants

#### **Some of the areas Desire and Intimacy will explore include:**

- ♥ Desire and Intimacy- What meaning do these have in your life now? How would you like Desire and Intimacy to be different in your relationship?
- ♥ Letting go of the old story: Creating a new vision.
- ♥ We can all learn to be sensual and skilled lovers and it does not begin in the bedroom.
- ♥ Sacred sexuality practices that emphasize connecting sexual and heart energy.
- ♥ Keeping the flame alight: Creating principles that will allow you to live your relationship as a sacred union.

**To register and for more information please contact  
Indrus Piché: [indrus@indrus.com](mailto:indrus@indrus.com)**





**Indrus Piché ~MA Psychology RCC**

As well as creating and teaching seminars, Indrus has a successful private counselling/therapy practice. She is the principle of Wellspring Counselling and Consulting, Victoria BC. She is also a trained and experienced spiritual director and received her sacred sexuality teaching certification from Margo Anand (Skydance Institute). Indrus was Margo’s teaching assistant in Canada for several years in the 1990’s. For 10 years she has assisted Robert and Judith Gass in their couples’ seminars in the US, Canada (Hollyhock) and Mexico.

**Ron Postl** ~ Ron’s experience in facilitating groups began 30 years ago as a supervisor for youth at risk and a project co-coordinator and facilitator for underemployed adults. His considerable communication skills and his ease with people have been further honed through his working with programs such as Hospice and Restorative Justice. Currently, Ron’s loving nature and strong presence is being received and enjoyed by adults with brain trauma injuries.



*"Indrus works magic. In three decades of teaching and therapeutic practice, we have rarely seen anyone who has such a universally positive impact on students. Her kindness, genuine love of people and her knowledge and skill both psychologically and in relation to sexuality, is profound. Under her care, students and clients blossom into new possibilities for deeply satisfying lives."* ~ Robert Gass & Judith Ansara Gass (world-renowned facilitators in the *Art of Leadership, Transformational Coaching, Sharing The Path* and *Deepening in Love* seminars)

*"Indrus understands the wisdom of the body and human sexuality like few others. She is a gifted and insightful teacher and healer."* ~ Margo Anand- Author and teacher- *The Art of Sexual Ecstasy, The Art of Sexual Magic* and Creator of Skydance Institute



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